



Howard County Local Health Improvement Coalition

Healthy Aging Work Group Meeting

08/27/2019 – 2:30 - 4:00 p.m.

Howard County Office on Aging and Independence

Minutes

Members Present:

Jillian Anderson, Howard County General Hospital	Chris Moore, HC Dept. of Community Resources and Services
Courtney Barkley, HC Dept. of Community Resources and Services	Tracy Novak, Howard County General Hospital
Malarie Burgess, HC Dept. of Community Resources and Services	Andrea Raid, HC Health Department
Jenna Crawley, HC Dept. of Community Resources and Services	Cindi Rogers, Wintergrowth, Inc.
Carla Johnston, Maryland University of Integrative Health	Sue Song, HC Commission on Aging
	Rashel, Taylor, Horizon Foundation
	Kathy Wehr, HC Dept. of Community Resources and Services

Guests Present:

Kathleen Brown, The Y in Central Maryland	Jessica Monaghan, The Y in Central Maryland
Barb Soscia, MCRC, Inc.	

Staff Present:

Kelly Kesler, HCLHIC Program Director	Reena Rambharat, HCLHIC Program Coordinator
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Topic/Agenda	Discussion	Action/Follow-up
Welcome and Introductions	Kelly Kesler called the meeting to order at 2:35 p.m. Participants, new members and guests introduced themselves.	
Approval of Minutes and Announcements	<p>Kelly Kesler, HCLHIC Director, asked for any corrections to the minutes from the May 28, 2019 meeting. A motion to accept the minutes as written was made by Chris Moore and seconded by Tracy Novak.</p> <p>Announcements were shared about upcoming programs and activities.</p> <p>Kelly Kesler shared as a follow up to the June discussion and brief overview of the Baltimore Longitudinal Study on Aging, a presentation to the full Coalition will take place in April 2020.</p> <p>Kelly Kesler provided a brief overview of the Walk Maryland Day 2019 goals and the activities</p>	<p>Minutes from the previous meeting will be available one week prior to the next meeting date at http://www.hclhic.org/membership/meeting-portal.</p> <p>Group members are encouraged to provide event information for inclusion on the HCLHIC website and to visit the site for information on upcoming events: http://www.hclhic.org/news-events/lhic-and-partner-events/month.calendar/. To request an event be added to the HCLHIC Community calendar contact lhic@howardcountymd.gov.</p>

	<p>undertaken in 2017 and 2018. Coalition members are encouraged to participate in the 2019 Walk Maryland Day.</p> <p>Courtney Barkley provided updates regarding the Master Aging event (formerly the 50+ Expo) on October 19, 2019 at Howard Community College. The event has been revamped with a new location and program to “reframe aging” and reach populations in the County.</p> <p>Kathy Wehr discussed the Walk to End Alzheimer’s® being held on Saturday, September 28th at 9 a.m. at Centennial Park in Ellicott City. Work group members were encouraged to form teams for their organizations but are also invited to join the Howard County Department of Citizen Resources and Services Team HoCoDCRS To join Team HoCoDCRS or learn more go to act.alz.org/goto/HoCoDCRS.</p> <p>Work Group members were encouraged to participate in several upcoming events.</p>	<p>A follow-up email was sent to work group members following the meeting with links and information including:</p> <ul style="list-style-type: none"> • Dancel Y in Ellicott City Open Door Program (financial assistance) • Walk Maryland Day 2019 • Alzheimer’s Association Educational Sessions • Alzheimer’s and Dementia Community Forum • Out of the Darkness Walk • Walk to End Alzheimer’s • NAACP Elder Empowerment Summit • Living Well with Diabetes Sessions • Repair Café • Moment to Honor • Master Aging <p>Coalition members are asked to share their activities for Walk Maryland Day (such as registration as walk leaders) with Reena Rambharat at brambharat@howardcountymd.gov</p>
<p>Dancel Y in Ellicott City Aging Initiatives</p>	<p>Jessica Monahan and Kathleen Brown presented on the Aging initiatives and opportunities available through the Dancel Y in Ellicott City. Happy Healthy Senior Day on September 27, 2019, Open Door Financial Assistance, Pedaling for Parkinson’s, and other programs were discussed.</p>	<p>Coalition members may contact presenters for more information at:</p> <p>Jessica Monahan: jessicamonaghan@ymaryland.org 410-465-4334</p> <p>Kathleen Brown: katiebrown@ymaryland.org 410-465-4334 X 289</p>
<p>HCHAS and Year Two Strategic Plan Outcomes and discussion</p>	<p>Kelly Kesler shared data from the 2018 Howard County Health Assessment Survey (HCHAS) and discussed relation with current progress toward the strategic plan objectives identified for 2018-2020.</p> <p>Rashel Taylor from the Horizon Foundation offered insights into the Speakeasy program experiences.</p> <p>Work group members discussed the need to outreach to and address population of “younger older” adults in the County. Strategies for engagement were discussed which included</p>	<p>Coalition members may access the full HCHAS report using the link: https://www.howardcountymd.gov/Departments/Health/Reports-Data</p> <p>For more information on SpeakEasy Howard visit https://speakeasyhoward.org/.</p>

Howard County LHIC

Local Health Improvement Coalition



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	<p>taking programs and offerings to communities, offering translation and engaging community leaders to build trust and relationships. Building off existing programs was discussed as an approach being utilized by Coalition members such as the Horizon Foundation. Sue Song with the Howard County Commission on Aging offered insight into identifying cultural champions and encouraged groups and agencies to come together to collaborate on approached for these groups.</p> <p>Rashel Taylor stated that a group of community engagement professionals throughout the county was being convened. Kelly Kesler requested that the LHIC be included in this discussion.</p>	
Wrap Up and Adjournment	The work group meeting was adjourned at 4:08 p.m.	

Future Meeting Dates:

Work Group

November 19, 2019; 2:30 – 4:00pm – Howard County Office on Aging and Independence

FULL HCLHIC

September 26, 2019; 8:30 – 10:30am – Non-Profit Collaborative of Howard County

Respectfully submitted by
Kelly Kesler, M.S., C.H.E.S.®
Director, Howard County Local Health Improvement Coalition